

PSHE Book List



	Area Covered	Related / linked books
Picture Books	LGBTQ+	Julian is a Mermaid – Jessica Love My Shadow is Pink – Scott Stuart King and King – Linda de Haan
	Diversity	Ada Twist Scientist – Andrea Beaty and David Roberts Cinderella of the Nile – Beverly Naidoo Ringo the Flamingo – Neil Griffiths
	Mental Health	Ruby's Worry – Tom Percival The Cloud – Hannah Cumming Michael Rosen's Sad Book – Michael Rosen
Novels	LGBTQ+	The Stonewall Riots: Coming Out in the Streets - Gayle E. Pitman George – Alex Gino Totally Joe – James Howe
	Diversity	Wonder – R.J.Palacio Young, Gifted and Black: Meet 52 Black Heroes from Past and Present – Jamia Wilson The Proudest Blue: A Story of Hijab and Family - Ibtihaj Muhammad and S.K. Ali
	Mental Health	A Pocket Full of Stars – Aisha Bushby Hopewell High: All Too Much – Jo Cotterill The Mystery of the Colour Thief – Ewa Jozefkowicz



Further Reading

Equality - <https://literarycurriculum.co.uk/blog-and-book-lists/post/books-to-reflect-inclusion-diversity-and-equality/>

LGBTQ+ - <https://literarycurriculum.co.uk/blog-and-book-lists/post/lgbtq-book-list/>

Mental Health - <https://www.booktrust.org.uk/booklists/m/mental-health-awareness/>

Grief and Loss - <https://www.scottishbooktrust.com/book-lists/15-picture-books-exploring-grief-and-loss>

Different Families - <https://childhood101.com/families-books/>

Puberty and Sex - <https://www.theschoolrun.com/best-childrens-books-about-puberty-and-sex>