

## PE Weekly Challenge

### Tennis Challenge:

Your challenge for this week is to see how many keepy ups you can do with the racket in one minute. To make the keepy ups a little easier you can allow a bounce in between each one or to make it more difficult you can rotate your racket in between each one. There is a video link below and on the Rose Hill PE twitter page to help you. Don't forget to post your videos and pictures on the Rose Hill PE twitter page.

Good luck.....Mrs Dennett

<https://www.bing.com/videos/search?q=tennis+keepyups&docid=608036149903032993&mid=AE9F4B020481A06B25A3AE9F4B020481A06B25A3&view=detail&FORM=VIRE>